

Progoff Intensive Journal Workshops

LIFE CONTEXT WORKSHOP

OCTOBER 14-15, 2017

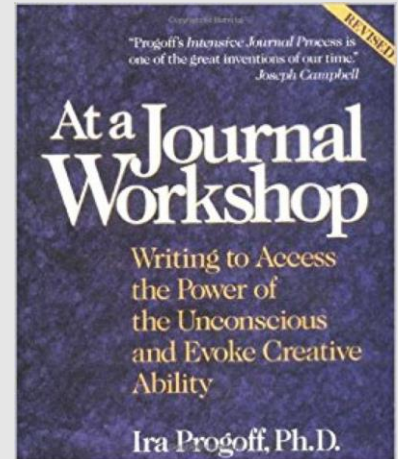
DEPTH CONTACT WORKSHOP*

OCTOBER 21-22, 2017

BOTH WORKSHOPS WILL BE HELD IN LEESBURG, VA

9 AM - 4 PM

The workshops will be led by David Arbogast, a certified Intensive Journal Workshop Leader



IN A SERIES OF DIRECTED WRITING ACTIVITIES, YOU WILL EXPLORE YOUR LIFE THROUGH VARIOUS LENSES THAT WILL HELP YOU TO RE-EXAMINE PAST EXPERIENCES, CLARIFY RELATIONSHIPS, AND SET GOALS FOR FUTURE PERSONAL AND PROFESSIONAL GROWTH

THE COST OF EACH WORKSHOP IS \$185. THE COST FOR BOTH WORKSHOPS IS \$350.

STUDENTS AND EDUCATORS RECEIVE A 20% DISCOUNT

*COMPLETION OF THE LIFE CONTEXT, WORKSHOP, EITHER HERE OR PREVIOUSLY, IS A PREREQUISITE FOR THE DEPTH CONTACT WORKSHOP

To register for either workshop, email David Arbogast at david.arbogast@outlook.com. Indicate which workshop you are registering for. You will receive a confirmation by return email, and you may pay by check or by using a PayPal account. Directions for making payment will be sent in the return email.

FOR MORE INFORMATION ABOUT EITHER WORKSHOP, CONTACT DAVID ARBOGAST AT david.arbogast@outlook.com